



Illness and Exclusion Policy

Beckside Preschool & Nursery aims to promote a healthy environment, good health and to take the necessary steps to prevent the spread of infection for the children in our care and we seek the co-operation of parents to help us implement this policy.

- If parents/carers notice their child becoming ill or infectious they must inform the setting and they must have regard to the exclusion list below.
- If your child becomes ill at the setting, his/her condition should be brought to the attention of one of the senior members of staff or the manager
- A decision is then taken based upon the symptoms, including any visible signs and the child's body temperature, as to whether you are immediately informed or whether continued monitoring of the child should occur
- Should a child's condition deteriorate, you will be contacted by a member of the team and actions will be agreed. This could include administering medicines or requesting collection of the child in order to reduce the risk of cross infection, for example in the case of vomiting or diarrhoea
- If a child becomes ill or infectious at the setting, every effort will be made to contact the parents/carers. It is essential therefore that the setting has up to date information in order to be able to contact the parents/carers during settings hours. If the parent/carer cannot be contacted, setting staff will endeavor to contact the other named contacts on the child's record
- If the setting is unable to contact a parent/carer or other named contact, Beckside Preschool & Nursery reserves the right to take the child to a general practitioner or hospital in an emergency. Parents/carers will be required to give signed consent for this procedure on registering their child at the setting.
- If parents are administering Calpol to their child before their session, they should not bring their child into the setting that day as they are unwell. The exception to this is teething or if the manager has agreed under special circumstances. Children who have had a temperature and given Calpol must remain away from the setting for 24 hours from the last dose of Calpol.
- A normal temperature in babies and children is about 36.4C but this can vary from child to child. A high temperature is 38C or more. (source: NHS)

Notification of exposure to infectious diseases

Illness/Infectious Diseases	Period of Exclusion
Chicken pox/shingles	5 days after the onset of the rash and all lesions have crusted over
Conjunctivitis	None
COVID-19	See current Government guidelines: https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/
Diarrhoea and/or vomiting	Children and staff should be excluded from the setting until their symptoms have settled and until 48 hours after the last episode of diarrhoea or vomiting
Flu	Until recovered
Glandular fever	There is no benefit in keeping children or staff off once they feel well enough to attend
Hand, foot and mouth disease	There is no exclusion. However, if the child is unwell they should stay at home. If we have an outbreak in the setting (3 or more cases) children who have a diagnosis of hand foot and mouth disease will be excluded from the setting until the lesions have scabbed over and the child is feeling better.
Head lice	None. Treatment is only required if live lice are seen in the hair (not nits (eggs)).
Hepatitis	Hep A- Until 7 days after the onset of jaundice or symptom onset if no jaundice
	Hep B-none
	Hep C-none
HIV / Aids	Should not be restricted or excluded
Impetigo	Until 48 hours after the start of treatment or until the lesions have crusted over
Measles, mumps and rubella	Measles- yes, until 5 days after the onset of the rash and recovered
	Mumps-the child should be excluded for 5 days after the onset of swelling
	Rubella- for 5 days after onset of the rash
Meningitis	Children will be too ill to attend and there is no need to exclude siblings or other close contacts. Until recovered
Molluscum contagiosum	None
MRSA	None
Pharyngitis/tonsillitis	If the disease is known to be caused by streptococcal (bacterial) infection the child or member of staff should be kept away from the setting until 24 hours after the start of treatment. Otherwise, they should stay at home while they feel unwell.
Rashes	A child who is unwell and has a rash should visit their GP to establish the reason for it.

Ringworm (Tinea)	Children need not be excluded but spread can be prevented by good personal hygiene, regular hand washing and use of separate towels and toilet articles. Parents should be encouraged to seek treatment.
Scarlet fever / Scarletina	Once a patient has been on antibiotic treatment for 24 hours they can return, provided they feel well enough.
Slapped cheek syndrome (Erythema Infectiosum/fifth disease)	An affected child need not be excluded because they are no longer infectious by the time the rash occurs.
Scabies	Child can return after first treatment
Typhoid, paratyphoid (enteric fever)	Yes, an infected child is likely to be very ill and whilst infectious unable to attend the setting.
Tuberculosis (TB)	Always consult your local HPT before giving info to staff
Verrucae and warts	Not necessary
Whooping cough (Pertussis)	2 days from starting antibiotics or 21 days from onset of symptoms if no antibiotics
Thread worms	Not necessary

We will actively promote the use of the “Catch it, bin it, and kill it” initiative to teach children about good hygiene practices.

We will do this by promoting:

- The use of tissues for coughs and colds
- Access to bins to dispose of used tissues
- Hand washing in warm soapy water immediately, before eating or preparing food and after toileting.

Notification of exposure to infectious diseases

If a child contract any of the above infectious diseases, other parents will be informed by an emergency newsletter and information on the notice board.

If we have reason to believe that any child is suffering from a notifiable disease identified as such in the Public Health (Infection Diseases) Regulations 1988, we will inform the East Midlands Health Protection Team. We will act on any advice given by them and inform Ofsted of any action taken. A list of notifiable diseases can be found at: www.hpa.org.uk and is displayed on our parent’s notice board alongside the HPA poster ‘Guidance on Infection Control in Schools and other Childcare Settings.

East Midlands HPT

UK Health Security Agency
 Seaton House
 City Link
 Nottingham
 NG2 4LA

Telephone 0344 2254 524 (option 1)

Illness and Exclusion Policy v2

Out of hours advice 0344 2254 524

This policy has been adopted by Beckside Pre-School & Nursery

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