



Sun Protection Policy

Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. At Beckside Pre-School & Nursery we want all staff and children to enjoy the sun safely. We will work with staff, parents and carers to achieve this through:

Education

- The need for sun protection is discussed interactively with the children appropriate for their age and understanding
- Parents and carers will be informed about our policy

Protection

- The trees in our garden provide some shade and where possible, we will use and erect our own canopies using fabric
- Children will be encouraged to use the shaded areas during outdoor play when appropriate

Clothing

- The children will be encouraged to wear clothes that provide good sun protection and a sun hat when outdoors
- Parents/carers will be duly informed of the importance to provide the setting with the appropriate clothing/headwear
- Children are encouraged to increase their water intake in hot weather and are encouraged to do so in outdoor areas also.
- Water will always be available to children throughout the day, both indoors and outdoors

Sunscreen

- Parents of children that attend for a half day should apply sun cream to their child at home. For those children that attend for a full day, parents should apply cream to their children before they come to the setting and staff will assist the child in re-applying it during the day when necessary
- Parents are asked to give written permission for sun cream to be applied to their children.
- Parents are required to provide the setting with appropriate sun cream for their children and to put the sun cream in their child's bag if attending all day- **clearly labelled**
- Where appropriate, children will be encouraged to apply sun cream themselves but will be supervised and supported by staff
- It is the parent/carer's responsibility to inform the setting if there are special instructions for the application of sun cream, e.g. needs to be applied more frequently

This policy has been adopted by Beckside Pre-School & Nursery

Date: December 2022

Review Date: December 2023