



Illness and Exclusion Policy

Beckside Preschool & Nursery aims to promote a healthy environment, good health and to take the necessary steps to prevent the spread of infection for the children in our care and we seek the co-operation of parents to help us implement this policy.

- If parents/carers notice their child becoming ill or infectious they must inform the setting and have regard to the exclusion list in the table. This is to ensure that we can notify other parents/carers of vulnerable children and pregnant women. We can also track trends, and in exceptional circumstances we are required to inform the local health authority of any outbreaks of notifiable diseases. The nursery is required to maintain the appropriate confidentiality.
- If a child becomes unwell at the setting, his/her condition will be brought to the attention of one of the senior members of staff or the manager
- A decision is then taken based upon the symptoms, including any visible signs that the child is unwell, including their body temperature and general wellbeing, as to whether the parent/carer/relative is immediately informed and whether continued monitoring of the child should occur
- Should a child's condition deteriorate, the parent will be contacted by a member of the team and actions will be agreed. This could include monitoring the child's wellbeing or with consent, administering medication or requesting that the unwell child is collected in order to reduce the risk of cross infection. If the parent is asked to collect their child, they are informed to collect their child within the hour.
- Parents/carers are required to provide three emergency contact numbers, and those of a known person who can collect their child in their absence. This forms part of the statutory legal requirements for Ofsted Registration.
- It is essential that parents inform the setting of any changes to their emergency contact details.
- If the setting is unable to contact a parent/carer/relative and all emergency contact details provided on the registration form, Beckside Preschool & Nursery reserves the right to take the child to a General Practitioner or hospital, in an emergency. Parents/carers will be required to give signed consent for this procedure on registering their child at the setting.
- If a child becomes unwell while in the care of Beckside Pre-School & Nursery, with consent from the parent, staff can administer Calpol to help bring a child's temperature down and until the parent arrives. Calpol will only be administered if the parent is on the way to collect their child, for example the parent or relative will arrive within one hour of the phone call wherever possible.
- A child who has not been his/her normal self at home but is not showing signs of illness when brought into nursery, please mention it to the member of staff who you hand your child over to and let them know how best to contact you throughout the day.

Children who are unwell, it is the manager's discretion whether or not to allow a child into the setting if they are showing signs of illness, even if there is no exclusion period or if this is after any exclusion period or if a GP has stated that they are not infectious

We retain the right to ask any parent to take their child home if a child is found to be unwell on entering nursery and during their day at nursery.

Notification of exposure to infectious diseases

Illness/Infectious Diseases	Period of Exclusion
Chicken pox/shingles	5 days after the onset of the rash and all lesions have crusted over
Conjunctivitis	None
COVID-19	For children and young people aged 18 and under who test positive for COVID-19, the advice is to try to stay at home and avoid contact with other people for three days . This is because children and young people tend to be infectious to other people for less time than adults.
Diarrhoea and/or vomiting	Children should be excluded from the setting until their symptoms have stopped and until 48 hours after the last episode of diarrhoea or vomiting. If a particular cause of the diarrhea and vomiting is identified, there may be additional exclusion advice, for example E. coli STEC and hep A.
Temperatures High temperature (fever) in children - NHS (www.nhs.uk) * Baby teething symptoms - NHS (www.nhs.uk)	Babies and children with a high temperature should not attend the setting for 24 hours following a temperature and until they feel well and no longer have a high temperature. A high temperature is 38C or more. A normal temperature in babies and children is about 36.4C but this can vary from child to child. *Children who are teething may have a mild temperature of less than 38C and are not excluded if they are teething.
Flu	Until recovered
Glandular fever	There is no benefit in keeping children or staff off once they feel well enough to attend
Hand, foot and mouth disease	There is no exclusion. However, if the child is unwell they should stay at home. If we have an outbreak in the setting (3 or more cases) children who have a diagnosis of hand foot and mouth disease will be excluded from the setting until the lesions have scabbed over and the child is feeling better.
Head lice	None. Treatment is only required if live lice are seen in the hair (not nits (eggs)).
Hepatitis	Hep A- Until 7 days after the onset of jaundice or

	symptom onset if no jaundice
	Hep B-none
	Hep C-none
HIV / Aids	Should not be restricted or excluded
Impetigo	Until lesions are crusted or healed, or 48 hours after starting antibiotic treatment. Until 48 hours after the start of treatment or until the lesions have crusted over
Measles, mumps and rubella	Measles- yes, until 5 days after the onset of the rash and recovered
	Mumps-the child should be excluded for 5 days after the onset of swelling
	Rubella- for 5 days after onset of the rash
Meningitis	Children will be too ill to attend and there is no need to exclude siblings or other close contacts. Until recovered
Molluscum contagiosum	None
MRSA	None
Pharyngitis/tonsillitis	If the disease is known to be caused by streptococcal (bacterial) infection the child or member of staff should be kept away from the setting until 24 hours after the start of treatment. Otherwise, they should stay at home while they feel unwell.
Rashes	A child who is unwell and has a rash should visit their GP to establish the reason for it.
Ringworm (Tinea)	Children need not be excluded but spread can be prevented by good personal hygiene, regular hand washing and use of separate towels and toilet articles. Parents should be encouraged to seek treatment.
Scarlet fever / Scarletina	Excluded until 24 hours after starting antibiotic treatment. Individuals who decline treatment with antibiotics should be excluded until resolution of symptoms.
Slapped cheek syndrome (Erythema Infectiosum/fifth disease)	None was rash has developed. Pregnant contacts of case should consult with their GP or midwife.
Scabies	Child can return after first treatment
Strep A infection	Children should stay away from the setting for 24 hours after starting antibiotic treatment
Tonsillitis	None. There are many causes, but most cases are due to viruses and do not need or respond to an antibiotic treatment. See above if Strep A infection
Typhoid, paratyphoid (enteric fever)	Yes, an infected child is likely to be very ill and whilst infectious unable to attend the setting.
Tuberculosis (TB)	Always consult your local HPT before giving info to staff
Verrucae and warts	None
Whooping cough (Pertussis)	2 days from starting antibiotics or 21 days from onset of symptoms if no antibiotics
Thread worms	None. Treatment recommended for child and household.

We will actively promote the use of the “Catch it, bin it, and kill it” initiative to teach children about good hygiene practices.

We will do this by promoting:

- The use of tissues for coughs and colds
- Access to bins to dispose of used tissues
- Hand washing in warm soapy water immediately, before eating or preparing food and after toileting.

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Please note this list is not exhaustive but contains the most common exclusions. Parents should always seek advice from their GP or Accident and Emergency Department regarding the specific symptoms of their child.

[When to use NHS 111 online or call 111 - NHS \(www.nhs.uk\)](#)

If we have reason to believe that any child is suffering from a notifiable disease identified as such in the Public Health (Infection Diseases) Regulations 1988, we will inform the East Midlands Health Protection Team. We will act on any advice given by them and inform Ofsted of any action taken. A list of notifiable diseases can be found at: www.hpa.org.uk.

East Midlands HPT

UK Health Security Agency
Seaton House
City Link
Nottingham
NG2 4LA

Telephone 0344 2254 524 (option 1)

Out of hours advice 0344 2254 524

This policy has been adopted by Beckside Pre-School & Nursery

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