Sun Protection Policy

Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. At Beckside Pre-School & Nursery we want all staff and children to enjoy the sun safely. We will work with staff, parents and carers to achieve this through:

Education

- The need for sun protection is discussed interactively with the children appropriate for their age and understanding
- Parents and carers will be informed about our policy

Protection

- The trees in our garden provide some shade and where possible, we will use and erect our own canopies
- Children will be encouraged to use the shaded areas during outdoor play when

Clothing

- The children will be encouraged to wear clothes that provide good sun protection and a sun hat when outdoors
- Parents/carers will be duly informed of the importance to provide the setting with the appropriate clothing and footwear
- Children are encouraged to increase their water intake in hot weather and are encouraged to do so in outdoor areas also.
- Water will always be available to children throughout the day, both indoors and outdoors

Sunscreen

- Parents of children that attend for a half day should apply sun cream to their child before arrival at the setting.
- Children attending a full day, parents should apply suncream before they arrive at the setting and staff will assist the children in re-applying suncream at lunchtime and before going outside.
- Parents will be asked to complete a consent form in the Famly app indicating consent and preferences
- Parents label suncream with their child's name
- Where appropriate, children will be encouraged to apply sun cream themselves but will be supervised and supported by staff
- It is the parent/carer's responsibility to inform the setting if there are special instructions for the application of sun cream, e.g. if needs to be applied more frequently

Adopted: September 2021
Last Reviewed: October 2026
Next Review Due: October 2027
Review Frequency: Annually or following changes to legislation, statutory guidance, safeguarding requirements or nursery procedures.